

POWERFLEX®

PART NUMBER

PFR75-311

DESCRIPTION

REAR UPPER FRONT CONTROL ARM BUSH

INSTALLATION GUIDE

Contents (parts per pack):

4 x Polyurethane Bushes	1 x PTFE/Silicone Grease
2 x Mild Steel Outer Shells	2 x Stainless Steel Sleeves
4 x Mild Steel Washers	2 x M12 Flanged Bolts

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.



Fitting Instructions:

1. If removing the subframe from the car, unbolt the arm from both the hub and subframe. If not removing the subframe, carefully cut through the OE bolt and remove from the arm/subframe mounting point. Retain the OE nut. The arm/hub bolt can be unbolted as normal.
2. Remove the original bush and bonded shell from the arm.
3. Clean any dirt or burrs from the bore in the arm. Remove any sharp edges with a rounded file.
4. Press the mild steel shell into the arm, taking care to support each half of the split bore to minimise deflection. The lip of the shell should sit flush against the face of the arm. The shell can be inserted into either side of the original arm.
5. Insert the polyurethane bushes into the mild steel shell.
6. Apply some of the supplied grease to the bore and faces of the bush before inserting the stainless steel sleeve.
7. Reattach the arm to the hub. Place the mild steel washers either side of the bush and reattach the arm to the subframe, using the supplied bolt if necessary. Torque to manufacturer recommended settings.

