

# POWERFLEX®

PART NUMBER  
**PFR69-720**

DESCRIPTION  
**REAR SUB FRAME FRONT BUSH INSERT**

## INSTALLATION GUIDE

### **Product description:**

Polyurethane inserts fit into original bush voiding, reduces rear sub frame movement.

### **Contents (parts per pack):**

4 x Inserts, 2 x upper and 2 x lower  
1 x grease



*Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.*

*It is recommended that:*

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.

*All fasteners must be tensioned to manufacturer's torque settings.*

### **Fitting Instructions:**

1. Support the sub frame, remove the front sub frame mounting bolts and loosen the rear mounting bolts enough to allow the front of the sub frame to be lowered.
2. Smear some of the supplied grease onto the legs of the inserts. The longer insert with 2 `legs` fits in from the top, the shorter insert with 4 `legs` fits in from the bottom.
3. Make sure the original upper spacer is reused along with the original lower washer/plate
4. Bolt the sub frame back into position tightening all bolts.
5. Road test vehicle.



Upper Insert



Lower Insert