

# POWERFLEX®

## PART NUMBER

# PFF57-102

## DESCRIPTION

### FRONT WISHBONE FRONT INNER BUSH

## INSTALLATION GUIDE

### Contents (parts per pack):

2 x Polyurethane A Bush      2 x Stainless Steel Conical Washers  
2 x Stainless Steel Sleeves      1 x PTFE/Silicone Grease

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

### Fitting Instructions:

1. Remove the original rubber bush and its outer shell from the front wishbone arm.
2. Clean any dirt and corrosion from the bore of the arm and file off any sharp edges using a rounded file.
3. Push the new polyurethane bush into the arm with the top hat being on the inside of the arm as shown in Fig 1. The top hat will eventually sit between the arm and the side member.
4. Apply some of the supplied grease to the bore of the bush and push the machined sleeve in with the hex-shaped end facing towards the rear of the car.
5. Add the conical awasher to the sleeve with the flat side sitting against the bush. The conical face will fit in the recess in the side member.
6. The OE bolt will screw into the new threaded sleeve, with the machined hex to allow for tightening with a spanner.
7. Re-fit the arm to the vehicle and tension all hardware to the manufacturers recommended torque settings.

