

PFF5-4650

**DESCRIPTION** 

## **ENGINE MOUNT, ADJUSTABLE**

## **INSTALLATION GUIDE**

## Contents (parts per pack):

2 x Engine Mounts 8 x Polyurethane D Pins 4 x M10 Nylock Nuts 4 x M10 Steel Washers

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual. It is recommended that:

- -all work to be carried out by a licensed technician;
- -all safety precautions adhered to:
- -wheel alignment to be checked and adjusted as required after any suspension work.
- -All fasteners must be tensioned to manufacturer's torque settings.

## Fitting Instructions:

- 1. Remove the undershield to gain access to the engine mount. Remove the upper and lower engine mounting nuts and loosen the four front subframe bolts. Remove two bolts from one side to lower the subframe, ensuring to support the engine from underneath.
- 2. Remove the original engine mount and fit the **POWERFLEX** engine mount in its original location.
- 3. Place the original washer/heatshield (if fitted) on the top of the engine mount, as shown in Figure 1 and replace the two subframe bolts back to the subframe. Repeat for the other engine mount.
- 4. Refit the subframe back and torque the mount nuts and subframe bolts to the manufacturers recommended settings.
- 5. Refit the undershield back to the vehicle as necessary.

Tip: it might be helpful to jack up the subframe to locate and fit the mount with more ease.

Bonus Step: if more stiffness is required, remove the yellow polyurethane band around the mount and insert polyurethane part D into the located holes in the mount. Re-attach the yellow polyurethane band (there are four pins per mount), as shown in Figure 2.

For further fitting help, look at our product webpage for a fitting instructions video.



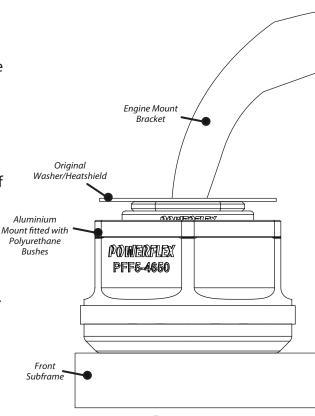


Figure 1



Figure 2