POME	ZFLEX
PART NUMBER FRONT	DESCRIPTION WISHBONE REAR BUSH SUPPORT KIT
INSTALLATION GUIDE	
PFF5-101MS is to provide additional support to	PFF5-101
<b>Contents (parts per pack):</b> 2 x Zinc Plated Washers 2 x Shake-proof washers	Problement and
2 x M14 Mounting Bolts 1 x PTFE/Silicone Grease Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual. It is recommended that: -all work to be carried out by a licensed technician; -all safety precautions adhered to; -wheel alignment to be checked and adjusted as required after any	SAFETY DURABILITY DERFORMANCE High Performance Polyurethane Bushes www.powerflox
suspension work. -All fasteners must be tensioned to manufacturer's torque settings. <b>Fitting Instructions:</b> 1. Assuming this upgrade is being carried out as part of fitting PFF5-101, the front wishbone will already have been removed from the vehicle.	Shake-proof washer
2. Secure the wishbone in a vice and tap the centre of the hexagonal pin on the wishbone using an M14 x 2.00 metric tap. Clean away any dirt or corrosion at this point.	M14 Mounting Bolt
<ol> <li>Re-fit the wishbone and bracket to the subframe of the vehicle, including our PFF5-101 bush.</li> <li>Fit the supplied spring washer to the bolt, followed by</li> </ol>	Bolt Zinc Plated Mild Steel Washer
the large plated washer. Apply supplied grease to the end of each bush that will contact the large washer.	Figure 1
5. Fit the bolt to the arm using a small amount of thread lock liquid (not supplied) to help secure the assembly.	
6. Tighten the bolt to 112NM or 83 ft-lb. Please do not over tighten.	
	Figure 2

## sales@powerflex.co.uk

## **POWERFLEX**

## www.powerflex.co.uk