

# POWERFLEX®

PART NUMBER

**PFF19-620**

DESCRIPTION

**GEARBOX MOUNT INSERT**

## INSTALLATION GUIDE

### Contents (parts per pack):

- 1 x Polyurethane Insert
- 1 x Zinc Plated Mild Steel Washers

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

### Fitting Instructions:

1. Support the gearbox from below with a jack or axle stand.
2. Loosen and remove the gearbox mount-to-bracket bolt, and then remove the 3 mount-to-gearbox bolts to free the gearbox mount from the car.
3. Push the polyurethane insert into the right hand side of the mount, aligning the 'pins' with the voiding in the rubber. (Figure 1)
4. Place the washer over the central metal sleeve so that it matches the profile of the top of the insert. (Figure 2)
5. Refit the mount to the car, and tighten all hardware to manufacturers recommended torque settings.

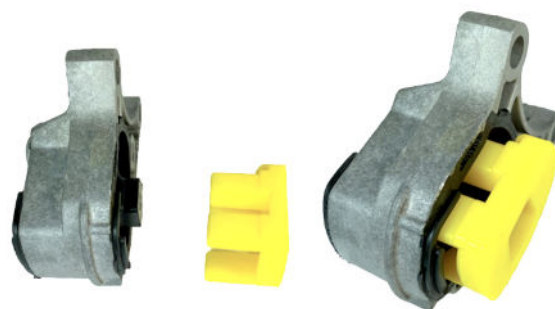


Figure 1: Fit insert from the right-hand side



Figure 2: Attach washer to top of insert