

# POWERFLEX®

## PART NUMBER

# PFF19-2025

## DESCRIPTION

## FRONT ENGINE MOUNT INSERT

## INSTALLATION GUIDE

### Contents (parts per pack):

1 x Polyurethane Insert Bush      1 x O Ring

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

### Fitting Instructions:

1. Place a trolley jack with a jack pad underneath the sump of the vehicle to support the weight of the engine.
2. Unbolt the five bolts that secure the OE engine mount to the chassis and engine and remove it from the vehicle.
3. Clean any dirt or corrosion from within the space between the engine mount and the cast engine mounting bracket.
4. With the elongated hex shape of the insert facing down, open it up where it splits and slide the insert into the mount and around the centre sleeve. The original rubber buffer washer should sit between our insert and the upper mounting bracket.
5. Twist the insert until it locates down into the cut out in the engine mount body.
6. Stretch the supplied O-Ring around the upper mounting bracket so that it sits in the groove of the insert. This will prevent the insert from opening up due to the split design feature.
7. Refit the engine mount and mounting bracket to the vehicle, using the original five bolts and tightening to the manufacturers recommended torque settings.
8. Remove the trolley jack and test-drive.



Figure 2



Figure 3



Figure 4

Figure 1

